



WRAFTON HOUSE SURGERY NEWSLETTER SUMMER 2015



STAFF NEWS

You may have already met our GP Registrar, Dr Saba Ali. She will be finishing her General Practice training at Wrafton House at the beginning of August. At the moment we have an extra GP Registrar, Dr Sharonjit Bains who will be with us part time until the beginning of September when she finishes her training.

We have a new Practice Nurse, Eileen Brown, who will be with us until the end of August.

AUTOMATIC CHECK IN SYSTEM

Watch out for delivery of our Automatic Check in system. This will reduce the need to queue as you can book yourself in.

It will ask for your date of birth and whether you are male or female and then it will confirm your appointment with either the Doctor or Nurse. It will also ask a question such as do you smoke or not. This information will then keep your medical records up to date.

PATIENT PARTICIPATION GROUP

The Friends of Wrafton House will be holding their Annual General Meeting on Thursday 4th June at 7.00pm in the waiting room.

Please try and come along, you will be made very welcome by the committee.

This year their speaker is:

Mr Matt Green, Projects Officer for Hertfordshire Health Walks

He will be giving a presentation on this new activity which is scheduled to be starting in the Hatfield area. These walks have started in other areas of the country and have proved to be very successful. Please pick up a flyer and return the slip to reception.

ELECTRICAL SAFETY IN THE HOME

Electrical fires account for almost half of accidental fires in the UK
(21,000 per annum)

Hertfordshire Fire and Rescue service recommend the following safety advice:

DO NOT overload electrical sockets use an extension lead

Regularly check for frayed or worn cables and wires before you plug them in

Unplug appliances when not in use

Always use the correct fuse to prevent overloading

Never use water on an electrical fire and do not take any risks with your safety

Pull the plug out or switch the power off if it is safe to do so

GET out STAY out and call 999

ON-LINE ACCESS FOR APPOINTMENTS AND REPEAT PRESCRIPTIONS

If you haven't already done so please ask at Reception for your PIN number. You will then be able to make appointments and order repeat prescriptions on line when it is convenient to you. Patients who are already using the service are singing its praises, so why not join them and save a telephone call.



New QEII Hospital

Services should gradually transfer over to the new building in the middle of May and all services should be up and running by the end of June.

Services include:



24-hour Urgent Care Centre

(a wide range of minor illnesses and injuries can be treated)

General outpatients appointments

GP out-of-hours services - including overnight and at week-ends

Diagnostics - CT and MRI scans and X-rays

Rapid assessment service for patients whose health needs to be assessed urgently, but don't need to be admitted to hospital

Endoscopy and other procedures

Ante-natal care

A purpose built area for outpatient children's services

Therapy services, such as physiotherapy and other rehabilitation treatments

A breast unit

Routine blood treatments, such as warfarin

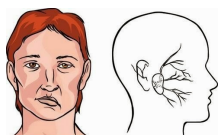
Think FAST & Save a Life
Suspect a Stroke - Think FAST

FACE - Can they smile? Does one side droop?

ARMS - Can they lift both arms? Is one weak?

SPEECH - Is their speech slurred or muddled?

TIME - Time to call 999



Calling all Men 65 years and Over

Aortic Aneurysm Screening Programme

This is offered as part of the National Screening Programme. Men are automatically

Invited for screening in the year that they turn 65. Men who are older than 65, and who have not been previously screened or treated for an aortic aneurysm, can opt in through self-referral direct to the screening programme.

Visit <http://aaa.screening.nhs.uk>

Or email aaa.screening@nhs.net

Helpdesk 020 368 20890

Tea and Chat Session

Our next session for the elderly and lonely will be on Wednesday 24th June at 2.00pm. This will be a "Cream Tea". If you or someone you know, who is one of our patients, please ask at Reception and put your name down for inclusion.

